

NAMASTE NATURAL HEALING CENTER, Inc

A heart centered approach to healing mind, body, and spirit

Patricia J. Meyer, ND | Lee J. Dennis, ND

12616 SE Stark Street | Portland, OR 97233 | (503) 408-0790

- Office Hours:** 9:00 – 12:30 and 1:30 – 5:30 M-F
- Questions:** We encourage you to call the office when you have question to ensure that you are getting the most from your treatment here. Please leave your questions with the front desk staff. They will obtain an answer from your doctor and get back to you as soon as possible. If your condition has changed and requires a change in your medication, you may be asked to schedule a follow-up appointment.
- Appointments:** We respect your time and make every effort to schedule appropriately, so that you won't be kept waiting for your appointment. We request the same consideration. If you need to reschedule your appointment, please do so at least 24 hours in advance so that other patients who need to be seen may be scheduled. There is a \$50 service fee for missed appointments, or those cancelled with less than 24 hours notice
- Payment:** Payment is expected at the time of service, unless other arrangements have been made. Please direct all questions to the front desk
- Medication Refills:** Medications that you obtain through a regular pharmacy list the number of refills remaining on the medication label. For those with refills remaining, you may call the pharmacy directly for refills. If there are no refills remaining please call the pharmacy and they will fax a request for refills to our office. Please note that you may need to see the doctor before refills are issued, in order to treat you safely and with the best dosage of your medicine. For medicines that are made up in our office, please try to give us 24 hours notice so that we may have them ready for you when you arrive. For off the shelf medicines, please feel free to stop in for them anytime during our regular business hours.
- On-call doctor:** The on-call doctor is available for our patients who are experiencing an urgent condition (one that is too serious to wait until regular office hours). To reach the on-call doctor, call the office number (503) 408-0790 and the message machine will give you the pager number for the doctor on-call. Please note that the pager numbers change frequently, so you must call the office first. Also, please be aware that if your phone does not accept calls from unlisted numbers, the on-call doctor may not be able to reach you. Please disconnect this feature from your phone before paging the on-call doctor.

For medical/life threatening emergencies: Call 911 or go to the nearest emergency room